

**JOIN  
US!**

the **MANNING  
Walking  
Group**



Get **HEALTHY...**  
Get **WALKING!**

\*STARTS Tuesday,  
NOVEMBER 7<sup>th</sup>

**10:30 am - 11:30 am**  
**Tuesdays and Thursdays**  
**Manning Legion Hall**

No cost and everyone is welcome!

For more information, please call 780.836.7360